

Lunch

US Foods Success K-8

Aug 2, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
		Aug - 14 Beef & Bean Burrito WG Refried Beans Romaine Lettuce Vegetables For Salad Assorted Salad Dressing Pineapple Chunks Assorted Milk	Aug - 15 Sweet BBQ Chicken Nug Assorted Dipping Sauce Wheat Roll Margarine Spread TFF Green Beans Baby Carrots Ranch Dressing FF Mandarin Oranges Assorted Milk	Aug - 16 Spaghetti & Meat Sauce Garlic Toast Romaine Lettuce Vegetables For Salad Assorted Salad Dressing Sliced Peaches In Syrup Assorted Milk	Avg Nutrients Target Cals... 633 100% Sodium. 1114 mg S.Fat 3.5g 5.0%Cal
Aug - 19 Barbeque Beef Hamburger Bun WW Potato Wedges Fruit Mix Assorted Milk	Aug - 20 Popcorn Chicken Assorted Dipping Sauce Green Beans Wheat Roll Margarine Spread TFF Applesauce Assorted Milk	Aug - 21 Ham & Cheese Sandwich Romaine Lettuce Vegetables For Salad Assorted Salad Dressing Diced Pears In Juice Assorted Milk Chocolate Chip Cookie	Aug - 22 Corn Dog Chicken WG Sweet Potato Fries Ketchup Packet Sliced Peaches In Syrup Assorted Milk	Aug - 23 Chicken Tacos Taco Sauce Packet Refried Beans Fresh Broccoli Florettes Ranch Dressing FF Fruit Cocktail Assorted Milk	Avg Nutrients Target Cals... 614 100% Sodium. 1162 mg S.Fat 3.2g 4.7%Cal
Aug - 26 Cheese Pizza WG Breadstick Baby Carrots Ranch Dressing FF Diced Peaches In Syrup Assorted Milk	Aug - 27 Chicken Crispito Refried Beans Tortilla Chips Celery Sticks Ranch Dressing FF Fruit Mix Assorted Milk	Aug - 28 Rotini and Meat Sauce Breadstick Romaine Lettuce Vegetables For Salad Assorted Salad Dressing Sliced Peaches In Syrup Assorted Milk	Aug - 29 Pork Rib Patty Hotdog Bun WW Potato Wedges Ketchup Packet Apricots Assorted Milk	Aug - 30 Stars & Fish Shapes Tartar Sauce Packet Pinto Beans Fresh Broccoli Florettes Ranch Dressing FF Fruit Cocktail Assorted Milk	Avg Nutrients Target Cals... 640 100% Sodium. 1146 mg S.Fat 3.5g 4.9%Cal
Sep - 2 NO SCHOOL TODAY	Sep - 3 Sloppy Joe Crinkle Cut FF 1/2" Ketchup Packet Red Apple Assorted Milk	Sep - 4 Chicken Penne Wheat Roll Margarine Spread TFF Baby Carrots Celery Sticks Ranch Dressing FF Sliced Peaches In Syrup Assorted Milk	Sep - 5 Mexican Macaroni WG Black Beans Romaine Lettuce Vegetables For Salad Assorted Salad Dressing Fruit Mix Assorted Milk	Sep - 6 Corn Dog Chicken WG Sweet Potato Fries Ketchup Packet Sliced Peaches In Syrup Assorted Milk	Avg Nutrients Target Cals... 628 100% Sodium. 1013 mg S.Fat 4.3g 6.2%Cal

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Sep - 9 Chili With Beans Saltine Cracker WG Baby Carrots Ranch Dressing FF Sliced Peaches In Syrup Assorted Milk	Sep - 10 Teriyaki Chicken Brown Rice Romaine Lettuce Vegetables For Salad Assorted Salad Dressing Fruit Cocktail Assorted Milk	Sep - 11 Beef & Bean Burrito WG Refried Beans W/Cheese Romaine Lettuce Vegetables For Salad Assorted Salad Dressing Pineapple Chunks Assorted Milk	Sep - 12 Cheeseburgers Hamburger Bun WW Ketchup Packet Crinkle Cut FF 1/2" Celery Sticks Ranch Dressing FF Red Apple Assorted Milk	Sep - 13 Chicken Quesadilla Breadstick Romaine Lettuce Vegetables For Salad Assorted Salad Dressing Diced Pears In Juice Assorted Milk	Avg Nutrients Target Cals... 622 100% Sodium. 1033 mg S.Fat 4.1g 6.0%Cal
Sep - 16 NO SCHOOL TODAY	Sep - 17 Ranch Drumstick Country Gravy Mashed Potatoes Sliced Carrots Wheat Roll Margarine Spread TFF Sliced Peaches In Syrup Assorted Milk	Sep - 18 Pizza Pepperoni WG Breadstick Baby Carrots Ranch Dressing FF Fruit Mix Assorted Milk	Sep - 19 Chicken Patty Brd WG Hamburger Bun WW Miracle Whip Packets Crinkle Cut FF 1/2" Ketchup Packet Pineapple Chunks Assorted Milk	Sep - 20 Hot Dog Turkey Hotdog Bun WW Ketchup Packet Pork And Beans Fresh Broccoli Florettes Ranch Dressing FF Red Apple Assorted Milk	Avg Nutrients Target Cals... 620 100% Sodium. 1148 mg S.Fat 4.1g 6.0%Cal
Sep - 23 Beef & Bean Burrito WG Refried Beans Romaine Lettuce Vegetables For Salad Assorted Salad Dressing Pineapple Chunks Assorted Milk	Sep - 24 Sweet BBQ Chicken Nug Assorted Dipping Sauce Wheat Roll Margarine Spread TFF Green Beans Baby Carrots Ranch Dressing FF Mandarin Oranges Assorted Milk	Sep - 25 Spaghetti & Meat Sauce Garlic Toast Romaine Lettuce Vegetables For Salad Assorted Salad Dressing Sliced Peaches In Syrup Assorted Milk	Sep - 26 Salisbury Steak Brown Gravy Green Peas Fresh Broccoli Florettes Wheat Roll Margarine Spread TFF Ranch Dressing FF Fruit Cocktail Assorted Milk	Sep - 27 Chicken Strips WG Assorted Dipping Sauce Sliced Carrots Crinkle Cut FF 1/2" Fruit Mix Assorted Milk	Avg Nutrients Target Cals... 622 100% Sodium. 1091 mg S.Fat 4.6g 6.7%Cal
Sep - 30 Barbeque Beef Hamburger Bun WW Potato Wedges Fruit Mix Assorted Milk	Oct - 1 Popcorn Chicken Assorted Dipping Sauce Green Beans Wheat Roll Margarine Spread TFF Applesauce Assorted Milk	Oct - 2 Ham & Cheese Sandwich Romaine Lettuce Vegetables For Salad Assorted Salad Dressing Diced Pears In Juice Assorted Milk Chocolate Chip Cookie	Oct - 3 Corn Dog Chicken WG Sweet Potato Fries Ketchup Packet Sliced Peaches In Syrup Assorted Milk	Oct - 4 Chicken Tacos Taco Sauce Packet Refried Beans Fresh Broccoli Florettes Ranch Dressing FF Fruit Cocktail Assorted Milk	Avg Nutrients Target Cals... 614 100% Sodium. 1162 mg S.Fat 3.2g 4.7%Cal

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Oct - 14 Chicken Nuggets Assorted Dipping Sauce Breadstick Broccoli Cuts Cheese Sauce Mandarin Oranges Assorted Milk	Oct - 15 Sloppy Joe Crinkle Cut FF 1/2" Ketchup Packet Red Apple Assorted Milk	Oct - 16 Chicken Penne Wheat Roll Margarine Spread TFF Baby Carrots Celery Sticks Ranch Dressing FF Sliced Peaches In Syrup Assorted Milk	Oct - 17 Mexican Macaroni WG Black Beans Romaine Lettuce Vegetables For Salad Assorted Salad Dressing Fruit Mix Assorted Milk	Oct - 18 NO SCHOOL TODAY	Avg Nutrients Target Cals... 628 100% Sodium. 1024 mg S.Fat 4.2g 6.1%Cal
Oct - 21 NO SCHOOL TODAY	Oct - 22 Teriyaki Chicken Brown Rice Romaine Lettuce Vegetables For Salad Assorted Salad Dressing Fruit Cocktail Assorted Milk	Oct - 23 Beef & Bean Burrito WG Refried Beans W/Cheese Romaine Lettuce Vegetables For Salad Assorted Salad Dressing Pineapple Chunks Assorted Milk	Oct - 24 Cheeseburgers Hamburger Bun WW Ketchup Packet Crinkle Cut FF 1/2" Celery Sticks Ranch Dressing FF Red Apple Assorted Milk	Oct - 25 Chicken Quesadilla Breadstick Romaine Lettuce Vegetables For Salad Assorted Salad Dressing Diced Pears In Juice Assorted Milk	Avg Nutrients Target Cals... 627 100% Sodium. 1104 mg S.Fat 3.7g 5.3%Cal
Oct - 28 Stars & Fish Shapes Tartar Sauce Packet Breadstick Green Beans Romaine Lettuce Vegetables For Salad Assorted Salad Dressing Fruit Cocktail Assorted Milk	Oct - 29 Ranch Drumstick Country Gravy Mashed Potatoes Sliced Carrots Wheat Roll Margarine Spread TFF Sliced Peaches In Syrup Assorted Milk	Oct - 30 Pizza Pepperoni WG Breadstick Baby Carrots Ranch Dressing FF Fruit Mix Assorted Milk	Oct - 31 Chicken Patty Brd WG Hamburger Bun WW Miracle Whip Packets Crinkle Cut FF 1/2" Ketchup Packet Pineapple Chunks Assorted Milk		Avg Nutrients Target Cals... 617 100% Sodium. 1115 mg S.Fat 3.6g 5.3%Cal

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